

The Arizona Institute for Resilience's Heat Resilience Initiative presents:

Lunch and Learn: Insights from Thermal Physiology for Informing Heat-Health Adaptation

IN PERSON EVENT



Robert D. Meade, PhD, MPH

Department of Epidemiology at the Harvard T.H. Chan School of Public Health and the Salata Institute for Climate and Sustainability's South Asia Climate Adaptation Cluster at Harvard University

Rob's research focuses on developing and implementing large-scale studies that blend thermophysiological research techniques with shoe-leather epidemiology to support the creation and evaluation of community-led heat adaptation strategies. He is also directing multiple projects investigating the limits of human heat tolerance and identifying when these thresholds may be surpassed in world regions facing the most severe increases in heat and humidity. In his previous role at the University of Ottawa, Dr. Meade designed the first day-long heat-wave simulation studies to evaluate the physiological impacts of extreme heat and the efficacy of commonly recommended cooling strategies for limiting physiological strain in vulnerable populations.

WHEN

Friday
02.06.26
11am-12pm

Lunch and drinks
provided

WHERE

**Udall Center
for Studies in
Public Policy**
803 E. 1st St.
Tucson, AZ

RSVP

**LIMITED SPACE,
REGISTRATION
REQUIRED**



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HEAT RESILIENCE INITIATIVE

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heat.arizona.edu